

# B I N G O<sup>®</sup>

<p><b>True or False</b> Older adults who develop problems with gambling experience difficulties quicker and with more devastating effects.</p>  <p><b>4</b></p>	<p>Which one(s) of the following are signs that a person may have a gambling problem?</p> <ol style="list-style-type: none"> <li>1. Needing to gamble with larger amounts of money.</li> <li>2. Gambling is causing financial problems.</li> <li>3. Chasing losses or wins.</li> <li>4. Feeling guilty about gambling</li> <li>5. All of the above</li> </ol> <p><b>75</b></p>	<p>Which of these will significantly affect a person's likelihood of winning at slot machines:</p> <ol style="list-style-type: none"> <li>1. Certain time of day</li> <li>2. When a machine hasn't paid out for a long time.</li> <li>3. Finding a lucky machine.</li> <li>4. None of above</li> </ol> <p><b>67</b></p>	<p><b>True or False</b> Only people who gamble and lose all their money are problem gamblers.</p> <p><b>16</b></p>	<p>The term "sea of grey" refers to:</p> <ol style="list-style-type: none"> <li>1. A paint colour</li> <li>2. Snowbirds travelling south for the winter.</li> <li>3. Amount of older adults that are gambling in the casino or bingo halls.</li> </ol> <p><b>7</b></p>
<p><b>True or False</b> Feeling lucky and bringing "lucky" objects to bingo will increase your chance of winning.</p> <p><b>55</b></p>	<p><b>True or False</b> It is legal for anyone under 18 to purchase and receive winnings from any form of gambling.</p>  <p><b>13</b></p>	<p>How many older adults in Ontario gamble?</p> <ol style="list-style-type: none"> <li>1. 73.5%</li> <li>2. 50%</li> <li>3. 25.9%</li> <li>4. Everyone gambles</li> </ol> <p><b>10</b></p>	<p>Seniors who develop gambling addictions often are using it as a way to:</p> <ol style="list-style-type: none"> <li>1. Escape loneliness</li> <li>2. Depression</li> <li>3. Boredom</li> <li>4. Loss</li> <li>5. All of the above</li> </ol> <p><b>39</b></p>	<p>Which of the following are forms of gambling?</p> <ol style="list-style-type: none"> <li>1. Lotteries and Scratch Tickets</li> <li>2. Betting on Sport Events</li> <li>3. Stock Market Investing</li> <li>4. Casino Table Games</li> <li>5. All of the above</li> </ol> <p><b>64</b></p>
<p>When is it the right time to ask for assistance for problem gambling?</p> <ol style="list-style-type: none"> <li>1. When experiencing feelings of guilt or shame about your gambling.</li> <li>2. When others complain about your gambling.</li> <li>3. When you begin to wonder if you might have a problem.</li> <li>4. When everything is all gone.</li> <li>5. All of the above</li> </ol> <p><b>20</b></p>	<p>Significant life changes which affects seniors include:</p> <ol style="list-style-type: none"> <li>1. Retirement</li> <li>2. Death of a spouse</li> <li>3. Increased "free time"</li> <li>4. Loss of close friends and community</li> <li>5. All the above</li> </ol> <p><b>60</b></p>	<p><b>FREE</b></p>	<p>Which of the following may lead to problem gambling?</p> <ol style="list-style-type: none"> <li>1. Loss of a significant other</li> <li>2. Retirement</li> <li>3. Loss of health</li> <li>4. All of the above</li> </ol> <p><b>43</b></p>	<p>Some signs you may see if your grandchild is gambling:</p> <ol style="list-style-type: none"> <li>1. 1-900 calls on your phone bill</li> <li>2. You are missing money or possessions</li> <li>3. Borrowing money from you to pay gambling debts</li> <li>4. All of the above</li> </ol> <p><b>21</b></p>
<p><b>True or False</b> People with gambling problems are found in all age groups, income groups, cultures and jobs.</p> <p><b>47</b></p>	<p>Barriers that prevent older adults from getting help for gambling include:</p> <ol style="list-style-type: none"> <li>1. Health issues</li> <li>2. Transportation issues</li> <li>3. Cultural issues</li> <li>4. All of the above</li> </ol> <p><b>33</b></p>	<p><b>True or False</b> The longer you gamble the more likely you are to recoup your losses.</p> <p><b>52</b></p>	<p><b>True or False</b> Gambling problems can be overcome.</p>  <p><b>57</b></p>	<p><b>True or False</b> Older adults are often affected by the gambling behaviour of other family members?</p> <p><b>50</b></p>
<p>Which of the following make gambling safe and fun?</p> <ol style="list-style-type: none"> <li>1. Having a variety of leisure activities.</li> <li>2. Gambling to have fun</li> <li>3. Expecting to lose</li> <li>4. All of the above</li> </ol> <p><b>34</b></p>	<p>Reason why an older adult may gamble:</p> <ol style="list-style-type: none"> <li>1. Extra leisure time</li> <li>2. Loneliness</li> <li>3. To "top up" their monthly income.</li> <li>4. All the above</li> </ol> <p><b>45</b></p>	<p>Which of the following are benefits of attending a self-help or support group for older adults?</p> <ol style="list-style-type: none"> <li>1. Reducing isolation</li> <li>2. Improving their problem-solving skills</li> <li>3. Giving an opportunity to ventilate feelings and frustrations</li> <li>4. Increasing knowledge and awareness</li> <li>5. All of the above</li> </ol> <p><b>25</b></p>	<p><b>True or False</b> There are many levels of gambling problems.</p> <p><b>1</b></p>	<p><b>True or False</b> Gambling has always been an accepted social activity in Canada.</p>  <p><b>37</b></p>