



ADAPT PROBLEM GAMBLING DAY TREATMENT PROGRAM

GAMBLING NEWS

Issue One

ADAPT Problem Gambling Day Treatment Program

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MARCH 2008

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APRIL 2008

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In the News

ADAPT Problem Gambling Day Treatment Team Launches newsletter

The Problem Gambling Day Treatment Program is pleased to announce the launch of the first edition of Gambling News, a newsletter created to showcase upcoming events and information about what is happening within the ADAPT Problem Gambling Day Treatment Program.

Upcoming Events

Problem Gambling Day Treatment Program - Upcoming Treatment Cycles

March 3rd - 7th, 2008
April 7th - 11th, 2008
May 12th - 16th, 2008

Referrals can be faxed to (905) 639-6880. Information please call
Carrie Woodcock @ 1-866-783-7073 or email
cwoodcock@haltonadapt.org.

Family & Friends One-Day Workshop

Friday February 29th, 2008
Friday April 4th, 2008

Interested clients can call (905) 639-6537 to register.
There is no fee for this workshop, all information is confidential and
the workshop is facilitated by trained Problem Gambling Counsellors.

Referral Info

Electronic copies of the ADAPT Problem Gambling Day Treatment Referral documents is available. To receive an electronic copy please send an email to cwoodcock@haltonadapt.org with your contact information listed.



Program Info

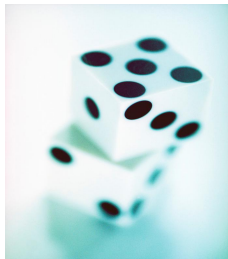
Is Day Treatment for your client?

ADAPTø Problem Gambling Day Treatment program is for anyone who recognizes that they have a problem with their current gambling pattern. From clients who are contemplating change to those who have made changes in their gambling and are seeking additional support in their recovery, ADAPTø Problem Gambling Day Treatment Program assists clients in building a foundation for healthy, long-term lifestyle changes. Participants of the program are lead in discussion topics such as;

education about problem gambling, exploration of thoughts that maintain gambling, coping with feelings related to gambling and developing behaviours that support change.



The longer and more frequently you gamble the more likely you are to lose than win.



Money is the drug that feeds the addiction.

Its sole purpose is to keep the gambler in action.

Agency News

SMART Seniors

For several years, ADAPT has been involved with the Seniors Medication and Alcohol Resource Team (SMART). This committee assists seniors with up to date information about drugs and alcohol with a particular focus on falls and prevention safe medication use. Last November, the committee presented to the

clients of The Bonnie Place Seniors Residence. This presentation was so well received that the Halton Community Housing Corporation has requested that presentations be delivered to 16 separate seniors residences in 2008.

Carrie Woodcock

*Problem Gambling Counsellor /
Problem Gambling Day Treatment
Program Administrator*

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Acknowledgements

The staff of the ADAPT Problem Gambling Day Treatment Program wish to acknowledge the dedication of its panel of volunteers who have graciously donated their time to come in and talk with our program participants each cycle. It is a valuable component of our program, providing participants an opportunity to hear personal successes in recovery. **Thank you to all.**